

MAY 2021

# RUSM SUMMER 2021 WELCOME GUIDE

Prepared by:  
Office of Campus Life



# WELCOME TO BARBADOS!

This guide will help you throughout your quarantine stay. In the guide, you'll find delivery services and other helpful information to keep you and our community safe during this period.

If you have questions, you can reach out to us at [campuslife@rossu.edu](mailto:campuslife@rossu.edu)

Stay safe!  
Office of Campus Life

## IMPORTANT NUMBERS & CONTACTS

RUSM SECURITY AT COVERLEY: 1-246-627-8011

MINISTRY OF HEALTH, COVID HOTLINE: +1 246-536-4500

POLICE EMERGENCY: 211

FIRE EMERGENCY: 311

HOUSING: [Housing@rossu.edu](mailto:Housing@rossu.edu)

IT: [DMITHelpDesk@Rossu.edu](mailto:DMITHelpDesk@Rossu.edu)

Student Affairs: [StudentAffairs@rossu.edu](mailto:StudentAffairs@rossu.edu)

## QUARANTINE GUIDELINES

### **DO NOT REMOVE ELECTRONIC TRACKING BRACELET ISSUED TO YOU AT THE BARBADOS AIRPORT**

You are required to keep wearing your electronic tracking bracelet issued to you at the airport until you clear quarantine. If you have issues with your bracelet, contact **support@bimsafe.gov.bb** directly. RUSM is not able to assist with the app or the bracelet if it malfunctions.

### **DO NOT LEAVE YOUR QUARANTINE HOUSE DURING THE QUARANTINE PERIOD UNLESS THERE IS A LIFE THREATENING EMERGENCY.**

It is considered illegal to break quarantine rules in Barbados and there are extremely harsh penalties for breaking quarantine in Barbados that include fines of up to \$50,000 and possible jail time of up to one year, or both. If you have a life-threatening emergency and are unable to contact security please inform our security patrol in your quarantine village of your emergency. Please help us keep everyone safe by keeping a safe distance of 6ft and wearing a face mask if you need to interact with security.

### **MEDICAL SERVICES DURING QUARANTINE**

TELEMEDICINE APPOINTMENTS AT SANDYCREST.NET

\$45.00 USD per consultation

Sandy Crest is open 24 hours +1 (246) 419-4911

# QUARANTINE GUIDELINES

## CONTACTING SECURITY

In case of emergency contact security via  
WhatsApp 1-246-240-8568

If you are unable to contact security on WhatsApp or have WiFi issues, stand in your front doorway and wave to our security patrol when it passes by your house. Please stay in your doorway and ensure that you are wearing your face mask before security approaches you. Help us keep everyone safe by maintaining 6ft of social distance.

## EMERGENCY MAINTENANCE

**Submit maintenance requests here:**

**<https://www.surveymonkey.com/r/RUSMquarantine>**

During the quarantine period, only emergency maintenance will be facilitated. Emergencies include floods, electrical hazards, a non-secure home (broken front/back door lock, door, or window) or other maintenance issues that may create fire or safety risks to the home. All Emergencies are to be reported to the RUSM Security Office, Coverley for assistance:  
1-246-627-8011 (landline)  
1-246-240-8568 (what's app)

If it is necessary for a technician to visit your home to resolve an emergency maintenance issue as defined above, please help us keep everyone safe by wearing your mask and maintaining social distance of at least 6ft.

You may be required to relocate to a different house in the event we are unable to address an emergency maintenance need in a manner that is safe for all.

# QUARANTINE GUIDELINES

## SECOND PCR TESTING

RUSM will arrange for a mobile testing unit to visit your house on the day you are required to do your second test based on existing travel protocols. Please listen out for the mobile unit when it approaches your house. You may be required to leave your house to test in the mobile unit outside, or you could be tested in your house depending on the vendor who arrives at the time. If you are required to test in the mobile unit outside, you must immediately return to your quarantine house once the swab is complete.

Once RUSM receives clearance for you to leave quarantine, our Housing Department will contact you and advise of the check-out process. It is important to note that the flow of information relating to results is not controlled by RUSM and it is possible that you could receive your results before our Housing office. If you receive your results before hearing from us, please email us at **housing@rossu.edu** to let us know you have received your results. Do not leave you quarantine house until RUSM officially checks you out from quarantine.

## DELIVERY GUIDELINES

- **DELIVERY TIMES 10:00AM TO 8:00 PM AST**
  - **No deliveries will be allowed past security outside of these hours.**
- Only approved vendors are allowed in to the quarantine zone. Any vendor not on the approved list will not be able to deliver to you.
- You must pre-pay for all deliveries. You will not be allowed to pay upon delivery.
- Do not wait outside your home or interact with delivery providers. This includes leaving a cash tip. Try to tip in advance using online platforms when available.
- Any violations of quarantine protocols will be reported to the Office of Student Conduct.

## GROCERY DELIVERY

**PRICEWHIRL: PRICEWHIRL.COM**

DELIVERY FEE: SEE PRICEWHIRL FLIER

DELIVERS: GROCERIES, RESTAURANTS, OTHER

SPECIFY WHATSAPP CONTACT IN COMMENTS BOX FOR DELIVERY DRIVER

ORDERS@PRICEWHIRL.COM

**CLIFTON MARKET: CLIFTONMEATS.COM**

DELIVERY FEE: \$25 BDS, MIN ORDER: \$150 BDS

DELIVERS: MEAT, GROCERIES, VEGAN/GLUTEN FREE SPECIALTY ITEMS

SPECIFY WHATSAPP CONTACT IN COMMENTS BOX FOR DELIVERY DRIVER

**PELICAN PRODUCE: PELICANPRODUCE.COM**

FREE DELIVER FOR ORDERS OVER \$50 BDS

DELIVERS: FRUITS AND VEGETABLES

CONTACT 246-426-1250 TO PAY IN ADVANCE

**MASSY GROCERY STORES: [HTTPS://WWW.SHOPMASSYSTORESBB.COM/](https://www.shopmassystoresbb.com/)**

TO PAY ONLINE, MAKE A NOTE IN THE COMMENTS SECTION WHEN CHECKING OUT

TO HAVE A SECURE PAYMENT LINK SENT VIA EMAIL.

**WIFETCH: WIFETCH.COM**

DELIVERY FEE: \$10-25 BDS

DELIVERS: GROCERIES, PHARMACY/BEAUTY, RESTAURANTS, AND MORE

WHATSAPP CONTACT: 246 264-8994

INFO@WIFETCH.COM

## RESTAURANT DELIVERY

**HOPSCOTCHFETCH: HOPSCOTCHFETCH.COM**

DELIVERY FEE: VARIES BY RESTAURANT

DELIVERS: RESTAURANT MEALS

246 236 9729 OR HELLO@HOPSCOTCHFETCH.COM

SPECIFY WHATSAPP CONTACT IN COMMENTS BOX FOR DELIVERY DRIVER

COVERLEY RESTAURANTS ON HOPSCOTCHFETCH: CHICKEN BARN, CHUTNEYS,  
URBAN KITCHEN, MISO, RB'S

**CHEFETTE: CHEFETTE.COM**

DELIVERY FEE: \$10 BDS, MINIMUM ORDER OF \$20 BDS

DELIVERS: FAST FOOD (BURGERS, PIZZA, CHICKEN, ROTIS

SPECIFY WHATSAPP CONTACT IN COMMENTS BOX FOR DELIVERY DRIVER

**KFC: [HTTPS://CDN.TICTUK.COM/WEBVIEWFLOW/TAKEDELIVERYTYPE.HTML?  
L=EN&C=1107831815349009&REF=WEBSITE](https://cdn.tictuk.com/webviewflow/takedeliverytype.html?L=EN&C=1107831815349009&REF=WEBSITE)**

DELIVERY FEE: FREE WITH MIN. ORDER OF \$20 BDS

SPECIFY WHATSAPP CONTACT IN COMMENTS BOX FOR DELIVERY DRIVER

**THE GRIND ARTISAN CAFE: GRINDARTISAN.CAFE**

DELIVERY FEE: VARIES BY RESTAURANT

DELIVERS: BAKERY AND RESTAURANT DELIVERY

WHATSAPP: 246-256-2808



# 09 MEAL DELIVERY SERVICES



**TINY FOODS MEAL DELIVERY- SEE FLIER FOR DETAILS**

NATALIEGONZALEZ428@HOTMAIL.COM

**THE GRIND ARTISAN CAFE: BAKERY**

[HTTPS://GRINDARTISAN.CAFE/](https://grindartisan.cafe/)

BREADS, QUICHE, DESSERTS AND MORE!

FREE DELIVERY OVER \$100 BDS

WHATSAPP: +1 246-256-2808

**GREEN BOX BARBADOS: VEGAN MEAL DELIVERY (SEE FLIER FOR MENU)**

[HTTP://GREENBOXBARBADOS.COM/](http://greenboxbarbados.com/)

GREEN BOX MONTHLY MEAL PACKAGE:

8 MEALS @ \$25 BDS EACH

8 DELIVERIES @ \$10 BDS EACH

4 SWEET TREATS @ \$10 BDS VALUE EACH

GREEN BOX MEAL PLAN : \$240 BDS (VALUED AT \$320)

**MISO BARBADOS: ASIAN FUSION MEAL DELIVERY (SEE FLIER FOR DETAILS)**

WHATSAPP: +1 246-256-5022 OR +1 246-256-5055

FREE DELIVERY WITHIN COVERLEY

**CHURN BARBADOS: LOCALLY MADE ICE CREAM)**

SEE MENU AND CONTACT INFO AT

[HTTPS://WWW.FACEBOOK.COM/CHURNBARBADOS](https://www.facebook.com/churnbarbados)

## ISLAND ORIENTATION

**MANDATORY ON-ISLAND ORIENTATION:**

THURSDAY, MAY 6: 9:00-12:00 AST VIA ZOOM

LINKS WILL BE SENT PRIOR TO THURSDAY

**FIRST SEMESTER STUDENTS: NEW STUDENT**

ORIENTATION SESSIONS TAKE PLACE MONDAY, MAY 3-

FRIDAY, MAY 7.